

**Please follow the Countryside Code, it's in place to keep you and others safe, whilst respecting the local wildlife and land owners:**

- Be safe and plan ahead. Check the weather and tide times before you go. Wear sensible walking gear and take a good map.
- Leave gates and property as you find them. Stay clear of livestock, ensuring you close gates behind you. Keep to paths and try not to trample crops.
- Protect plants and animals, take your litter home. This includes cigarette ends!
- Keep dogs under close control. This law is to ensure the safety of wildlife and livestock. Remember by law a farmer can destroy a dog worrying their animals, so if your dog is disobedient keep it on a lead. Clean up after your dog to avoid spreading infections and worms.
- Consider other people. Follow farmers directions if cattle are being moved or other farm workings are taking place.

Enjoy a walk with friends and family, find spectacular views, discover local wildlife and stay healthy by walking regularly. If you've enjoyed this walk, have a go at planning your own. With a good map you can discover your local countryside by following public footpaths and bridleways. See what wildlife lies beyond your doorstep.

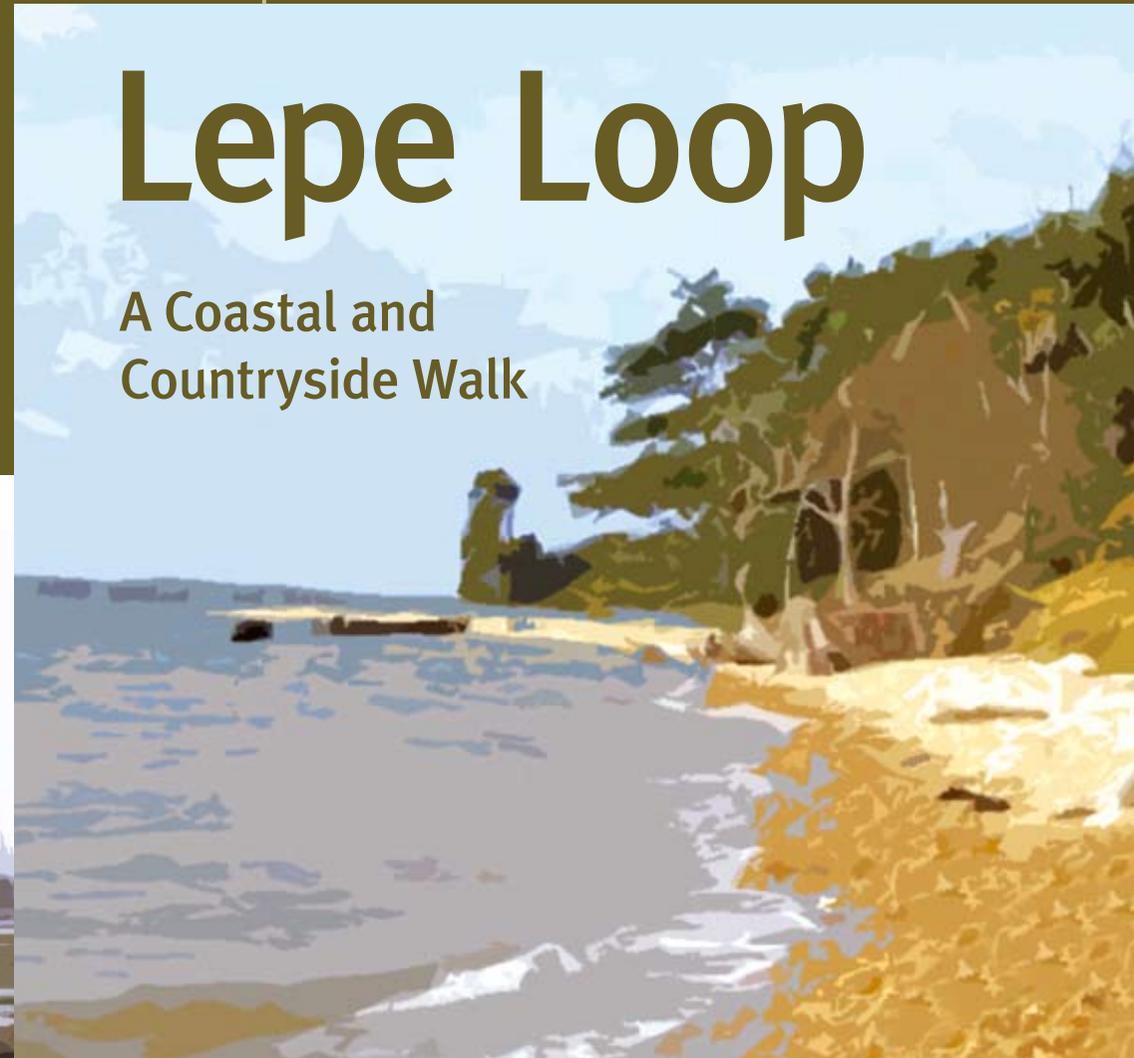
[www.hants.gov.uk/countryside](http://www.hants.gov.uk/countryside)

Distance	5 miles
Time	2 hours at a leisurely pace
Path condition	Mostly following footpaths, gravel tracks across farm land and along shingle foreshore.
OS map	Explorer OL22



# Lepe Loop

## A Coastal and Countryside Walk



## Route Description

**A** Leave Lepe Country Park along the coastal road with the sea on your left. Remain on the footpath past the Watch House, joining the permissive beach path in front of Lepe House.

### Low Tide Route - - - - -

As the path ends continue along the beach, remaining at base of the cliffs (there are some fallen trees and concrete remains to walk around). Skirting the edge of the salt marsh, follow the foreshore around the Oak trees growing at the waters edge, continuing until you meet the road. Turn left to follow the road.

### High Tide Route - - - - -

Just after Lepe House, 20 metres before the yellow beacon, turn right up the small hedged footpath leading to the road and turn left down Inchmery Lane. Stay on the lane which passes Inchmery House on your left and drops down to meet the salt marsh before bearing inland.

**B** Follow the road uphill until it bears sharply left and on the corner take the footpath through a small gate on your right. The hedged footpath leads over a board walk and through a copse and open glade. Cross the footbridge into open ground and bear left uphill to cross a second foot bridge. Turn left following the

edge of the large field. Continue around the field (ignoring the gap in the hedge leading to a smaller field) to the woodland. Bear right and pass through two fields, keeping the woodland to your left. At footpath T junction turn right along fence line until it reaches the road.

**C** Cross the road and continue along the gravel track for approximately 1km to East Hill Farm. At the end of the track, follow the small

grassy footpath down the far side of the farm buildings. Enter the wood and take an immediate right turn at path T junction, following the footpath around the woods.

**D** As the path climbs leaving the woods, it opens up into fields. Continue straight on through the middle of three fields of crops. Cross the stile into a paddock and follow the fence line down hill and through a large gate at the bottom.

Walk along the track, over a small stream and bear left up the hill and through two small gates (signposted permissive path). Turn diagonally right across the field, heading to two small gates to the left of the Coast Guard Cottages. Go through the gates into the Western car park and continue left along the sea front, returning to Lepe Country Park.

